**Is Change Possible?**

*November 8, 2026*

**Can I Really Change?** (*Jer. 13:23, Eph. 4:22-24*)

1. Are there patterns of behaviour, attitudes or habits in your life that you've come to accept as simply "the way you are"?

2. What would it look like to allow God to transform those areas rather than simply learning to live with them?

**Taking Responsibility** (*Gen. 43:1-10*)

1. When confronted with your own shortcomings or mistakes, is your tendency to avoid responsibility, become defensive, or acknowledge them and make things right?

2. Are there situations or relationships in which you need to take greater responsibility for how your actions affect others?

**Speaking Honestly** (*Gen. 43:11-25*)

1. Are there things in your life that you've been reluctant to bring into the open because doing so would be uncomfortable?

2. How might being more honest with yourself, with God, or with someone else create an opportunity for growth and change?

**Facing Jealousy** (*Gen. 43:26-34*)

1. How do you typically respond when someone else receives the recognition, opportunities or blessings that you wish you had?

2. Can you genuinely celebrate the success of others, or do you sometimes find yourself comparing, resenting or feeling overlooked?

**A Test of Loyalty** (*Gen. 44:1-15*)

1. When someone you care about is going through a difficult time, do you tend to stand with them or distance yourself when things become uncomfortable?

2. Are there relationships in your life where you need to demonstrate greater loyalty, compassion or support?

**Self-Sacrifice** (*Gen. 44:16-34*)

1. How willing are you to put someone else's needs ahead of your own when doing so comes at a personal cost?

2. What might it look like to become less concerned with protecting your own interests and more concerned with the well-being of others?

**Redemption** (*Gen. 45:1-15*)

1. Is there something in your past that you struggle to believe God can redeem or use for good?

2. How does experiencing God's grace change the way you view your past, your present circumstances and the person you're becoming?

**Take It Home:**

2 Corinthians 7:10, "*For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death.*"

**The evidence of genuine transformation isn't simply that we regret the things we've done, but that when we're given another opportunity to make the same choices, we begin to respond differently.**

Where is God inviting you to respond differently today?

C.S. Lewis, *"Every time you make a choice you are turning the central part of you, the part that chooses, into something a little different from what it was before…"*

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