

WITH ALL  
OUR MINDS

# LEARNING TO LOVE

LOVE THE LORD

*your God*

WITH ALL YOUR

HEART



SOUL

& MIND

MATTHEW 22:37

GOD IS MOST GLORIFIED  
IN US WHEN WE ARE  
MOST SATISFIED IN HIM.

JOHN PIPER

# FIXING OUR THOUGHTS

"As we think, we change the physical nature of our brain. As we consciously direct our thinking, we can wire out **toxic patterns** of thinking and replace them with **healthy thoughts**."

DR. CAROLINE LEAF from  
"Switch on Your Brain"

Philippians 4:8, "**Fix your thoughts** on what is **true**, & **honorable**, & **right**, & **pure**, & **lovely**, & **admirable**. Think about things that are **excellent** & **worthy of praise**."

Isaiah 26:3, "You will keep in **perfect peace** all who **trust in You**, all whose **thoughts are fixed on You!**"

Romans 12:2, "Don't copy the behavior & customs of this world, but **let God transform you into a new person** by **changing the way you think**. Then you will learn to know **God's will** for you, which is **good** and **pleasing** & **perfect**."

# INTERNAL PROCESSORS

**Internal processors** tend to mull things over internally, while **external processors** prefer to act on their thoughts as soon as they come up. **Internal processors** prefer a quiet environment to read, research and think through their ideas and feelings, while **external processors** feel their best when they're surrounded by activity. **Internal processors** process their feelings and thoughts internally first, rather than the **external processor** who is processing out loud and with others listening and supporting as they do so.



# INTELLECTUALS



**Intellectuals** connect with God by **studying Scripture, reading, listening to teaching,** and **mulling over** what they've learned in their minds. When an intellectual learns something new, it can turn back in **worship, awe, and adoration** of God.

Proverbs 1:5-7, *"Let the wise listen to these proverbs and become even wiser. Let those with understanding receive guidance by exploring the meaning in these proverbs and parables, the words of the wise and their riddles. Fear of the Lord is the foundation of true knowledge, but fools despise wisdom and discipline."*

# CONTEMPLATIVES



**Contemplatives** use inner space to mull over what they've learned about God. They are wired up for **adoration, introspection, & intimacy**. **Contemplatives** love having time to themselves to reflect on the **goodness & love of God** & to reflect adoration back to Him **in prayer & worship**.

Deuteronomy 33:12, *"Let the beloved of the Lord rest secure in Him, for He shields him all day long, and the one the Lord loves rests between His shoulders."*


# PATHWAYS TO PRACTICE



THERE'S A  
**DIFFERENCE**  
BETWEEN KNOWING THE PATH  
AND WALKING THE PATH

*Laurence Fishburne in 'The Matrix' as Morpheus*

*James 1:25*



BUT IF YOU LOOK  
CAREFULLY INTO THE  
PERFECT LAW THAT  
SETS YOU FREE, AND  
IF YOU DO WHAT IT  
SAYS AND DON'T  
FORGET WHAT YOU  
HEARD, THEN GOD  
WILL BLESS YOU FOR  
DOING IT.