

[illegible]



# IFORGET...

**"THEN JESUS SAID TO HIS DISCIPLES,**

**" IF ANY**

**OF YOU WANTS TO BE MY FOLLOWER,**

**YOU MUST GIVE UP YOUR OWN WAY,**

**TAKE UP YOUR CROSS, AND FOLLOW ME.**

**IF YOU TRY TO HANG ON TO YOUR LIFE,**

**YOU WILL LOSE IT.**

**BUT IF YOU GIVE UP YOUR LIFE FOR**

**MY SAKE,**

**YOU WILL SAVE IT."**

**-MATTHEW 16:24-25 NLT**





# HE MUST INCREASE

1 THESSALONIANS 4:1-2 (P. 906)



LIVE IN A WAY THAT PLEASES GOD, AS WE HAVE  
TAUGHT YOU. YOU LIVE THIS WAY ALREADY, AND WE  
ENCOURAGE YOU TO DO SO EVEN MORE.



# CONTROLLING APPETITES

vv. 3-8





# LET LOVE INCREASE

**vv. 9-10; Rom. 12:10; Gal. 5:13-14**

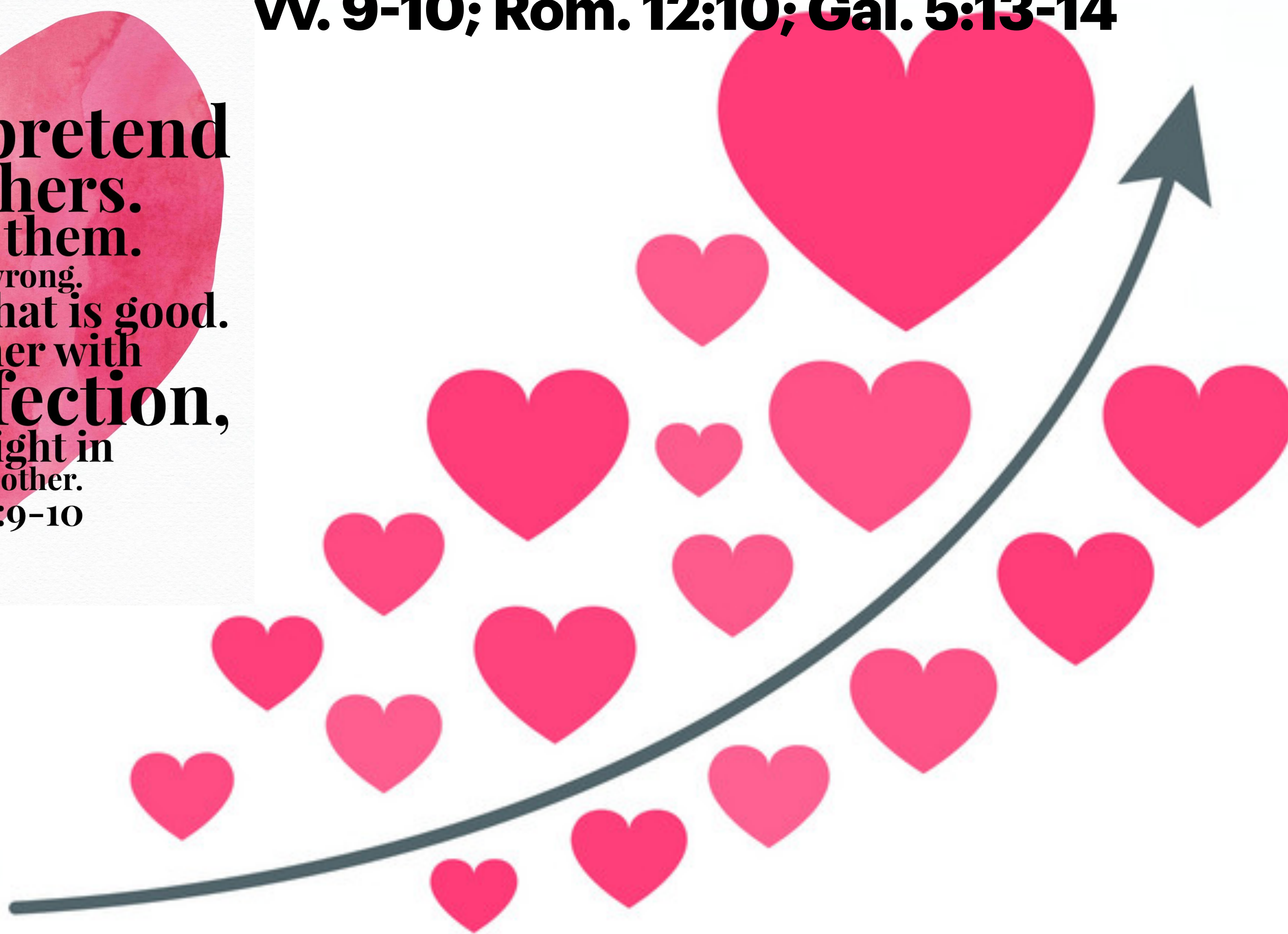
**Don't just pretend  
to love others.  
Really love them.**

**Hate what is wrong.**

**Hold tightly to what is good.**

**Love each other with  
genuine affection,  
and take delight in  
honoring each other.**

**-Romans 12:9-10**





# UNCOMPLICATED

vv. 11-12

# margin

making room for what really matters

**<sup>11</sup> Make it your goal to live a quiet life, minding your own business and working with your hands, just as we instructed you before. <sup>12</sup> Then people who are not believers will respect the way you live, and you will not need to depend on others.**



# COMMUNION

DO THIS IN REMEMBRANCE OF ME





# STICKY NOTES...

**What is it about Jesus and His way  
that you need to be reminded of?  
Jot it on a sticky note and place it  
on the cross once you come to get  
the communion elements**